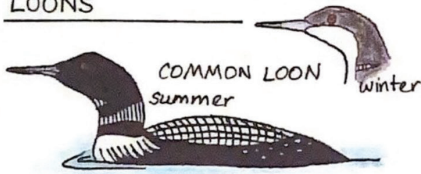


A Paddler's Guide to BIRDS OF PNW ROCKY COASTLINES

By Esther Andrews, Sea Kayak Leader

I enjoy sea kayaking and watching the birds along the way, but I'm definitely not a birder who has the book memorized, so I need a little extra help to figure out what I'm looking at. Years ago, I picked up a laminated coastal bird guide, only to find that most birds I saw paddling were not included, while some of the birds featured in the guide weren't common in our rocky coastal habitat or even in our state. That's when I decided to make my own bird cheat sheet. A version of it has gone on many family outings over the years and helped get the next generation hooked on paddling and birding. I hope you will get the same enjoyment out of it!

LOONS



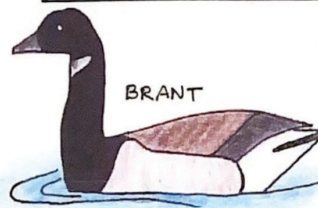
GREBES



CORMORANTS

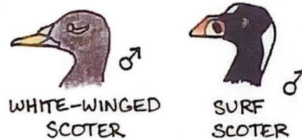


GEESE



DIVING DUCKS

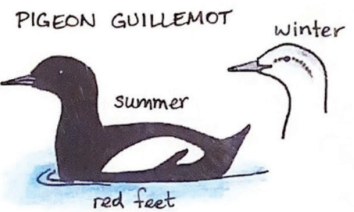
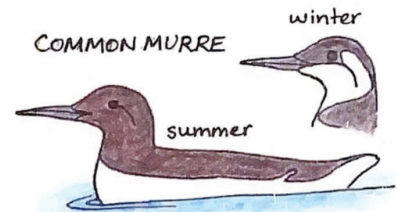
have heavy bodies and small wings; flap quickly when flying



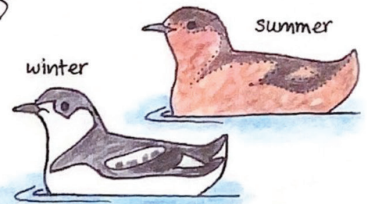
HERONS



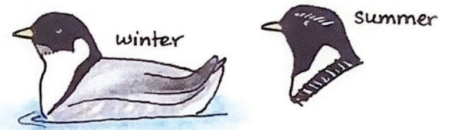
ALCIDS



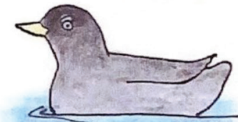
MARBLED MURRELET



ANCIENT MURRELET



CASSIN'S AUKLET



RHINOCEROS AUKLET



TUFTED PUFFIN



FULMARS & SHEARWATERS



NORTHERN FULMAR



SOOTY SHEARWATER

STORM-PETRELS

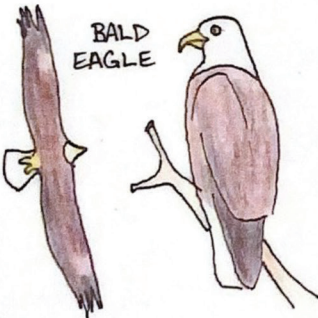


FORK-TAILED STORM-PETREL

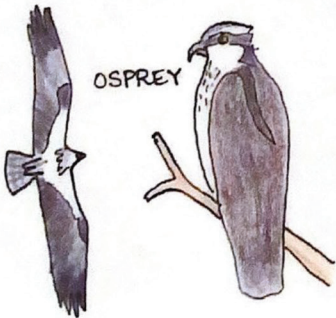


LEACH'S STORM-PETREL

RAPTORS

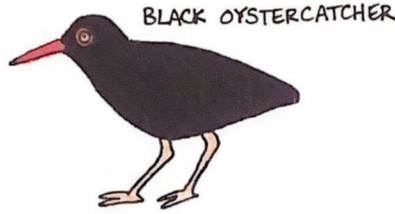


BALD EAGLE



OSPREY

OYSTERCATCHERS

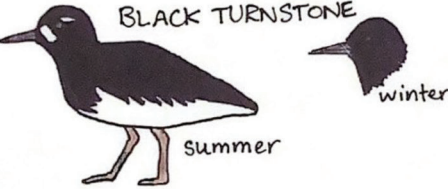


BLACK OYSTERCATCHER

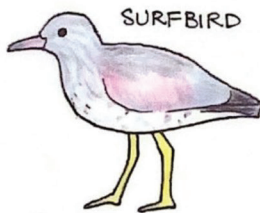
SANDPIPERS



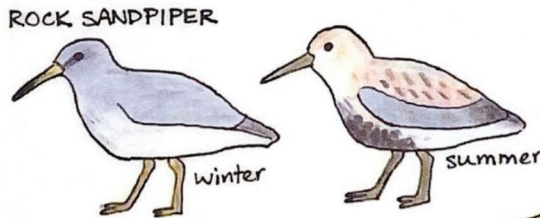
RUDDY TURNSTONE



BLACK TURNSTONE



SURFBIRD



ROCK SANDPIPER

TERNs



COMMON TERN is smaller, has red legs, migrates through the area.

Summer resident CASPIAN TERN is larger, has black legs.

GULLS

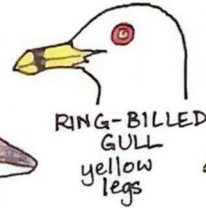
All gulls shown in summer plumage only.



BONAPARTE'S GULL pink legs



MEW GULL yellow legs



RING-BILLED GULL yellow legs



CALIFORNIA GULL yellow legs



HERRING GULL pink legs black wingtips



THAYER'S GULL dark pink legs



GLAUCOUS GULL pink legs white wingtips



GLAUCOUS-WINGED GULL pink legs



WESTERN GULL pink legs



HEERMAN'S GULL black legs



BLACK-LEGGED KITTIWAKE black legs

INSTRUCTIONS: Trim out and laminate, and don't forget to add a tether!

